

Medical Fraud and Abuse February 10, 2021 | 2:00-3:00 p.m. ET

NO STREET

B

Questions about continuing education credits

If you have any questions regarding your continuing education credits received from Optum webinars, please contact rosters@ceuinstitute.net.

This course has been approved for 1-hour of CE for the following license types: Pre-approved Adjuster (AK, AL, CA, DE, FL, GA, ID, IN, LA, KY, MS, NC, NH, NM, NV, OK, OR, TX, UT, WY); National Certified Case Manager (CCM); National Nurse; Certified Disability Management Specialists (CDMS), Certified Medicare Secondary Payer (CMSP) and Certified Rehabilitation Counselor (CRC) for CE accreditation. For states that do not require prior approval, the adjuster is responsible for submitting their attendance certificate to the appropriate state agency to determine if continuing education credits can be applied.

NOTE: This course qualifies as an **Ethics credit** for the state adjuster license type. This course qualifies as a **General credit** for the National agencies (CCM, CDMS, CMSP, CRC).

CE credits are only available for those who qualify during the LIVE version of this webinar held on 02/10/2021 from 2:00-3:00 p.m. ET



To receive continuing education credit

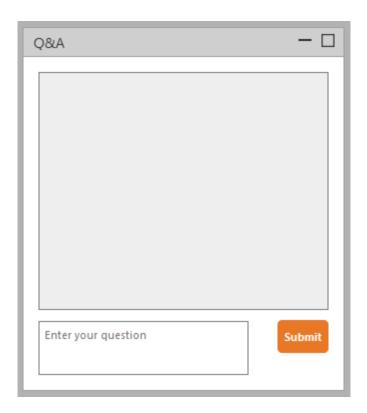
- 1. Attend the LIVE version of the webinar.
- 2. Remain logged on for the entire webinar.
- Answer all three poll questions.
 To submit your answers, us the Submit button on your screen or put your answer in the Q&A panel.
- 4. You will receive an email from the CEU Institute on our behalf approximately **24 hours after the webinar.** This email will contain a link that you will use to submit for your CE credits. **You will need to complete this task within 72 hours.**

If you will be out of the office and will miss the 72-hour window, send an email to <u>ceprogram@optum.com</u> to let us know. We will inform the CEU Institute that they may need to enter your CE submission manually upon your return.



Ask a question

Questions will be answered at the end of the presentation as time allows.





Technical issues?

- Let us know if you experience an issue that causes you to:
- Miss a poll question
- Have audio problems
- Log out
- Any other technical issue

Send a message using the webinar controls question panel or email <u>ceprogram@optum.com</u>

The sooner we know about an issue, the faster we can take the steps needed to make sure you get the continuing education credits you require.



If you are having technical difficulties with audio or the visuals:

Refresh your screen

• Make sure your speakers are turned up and, if used, headphones are placed properly (There is no dial in number for this webinar. Audio is through your computer only.)

• Switch web browsers (Chrome tends to work well)

Log off and log back in





CONTINUING EDUCATION PROGRAM

Medical Fraud and Abuse (Ethics course) Wednesday, February 10, 2021

HOW TO QUALIFY FOR CREDITS

1. Attend the LIVE version of this webinar held from from2:00-3:00 p.m. ET on 02/10/2021. If you log in to the webinar at any other time, you will be watching a recording and you cannot qualify for CE credit.

2. Remain logged in for the entire hour. If you get kicked out of the system just log back in, we track your total time.

3. Submit answers to all three poll questions. Use the Submit button on screen. If that doesn't work, submit your answer in the Q&A box.

4. The CEU Institute will email you roughly 24 hours after the webinar. It contains a link to submit for your credits. Please complete this task within 72 hours.

Related Content —	
Resources and Troubleshooting (opens in new window)	
PDF of the Presentation (opens in new window)	
Q&A —	
	If you are having technical difficulties with audio or the visuals try the following: Refresh your screen Make sure your speakers are turned up and, if used, headphones are placed properly There is no dial in number for this webinar. Audio is through your computer only.
Enter your question * Submit	Switch web browsers (Chrome works well)
	Log off and log back in



Disclosure

No planner, presenter or content expert has a conflicting interest affecting the delivery of this continuing education activity. Optum does not receive any commercial advantage nor financial remittance through the provided continuing education activities.

Medical disclaimer

Medicine is an ever-changing science. As new research and clinical experience broaden our knowledge, new treatment options and approaches are developed. The authors have checked with sources believed to be reliable in their efforts to provide information that is complete and generally in accord with the standards accepted at time of publication.

However, in view of the possibility of human error or changes in medical sciences, neither Optum nor any other party involved in the preparation or publication of this work warrants the information contained herein is in every respect accurate or complete, and are not responsible for errors or omissions or for the results obtained from the use of such information. Readers are encouraged to confirm the information contained herein with other sources.

This educational activity may contain discussion of published and/or investigational uses of agents that are not approved by the Food and Drug Administration (FDA). We do not promote the use of any agent outside of approved labeling. Statements made in this presentation have not been evaluated by the FDA.

Disclaimer

The display or graphic representation of any product or description of any product or service within this presentation shall not be construed as an endorsement of that product by the presenter or any accrediting body. Rather, from time to time, it may facilitate the learning process to include/use such products or services as a teaching example.

Accreditation of this continuing education activity refers to recognition of the educational activity only and does not imply endorsement or approval of those products and/or services by any accrediting body.

CE credits for this course are administered by the CEU Institute. If you have any issues or questions regarding your credits, please contact rosters@ceuinstitute.net.



Presenter



Louise Gaerig Associate General Counsel Optum Workers' Comp & Auto No Fault



Workers' Compensation Medical Fraud & Abuse

- What are the implications and why do we care?
- Fraud vs. Abuse
- Who can commit it?
- Types of fraudulent conduct
- How is it enforced?
- Legal standards and penalties
- Red flags of fraud and abuse
- Improper billing procedures and fraudulent claims
- What should be done to report it?

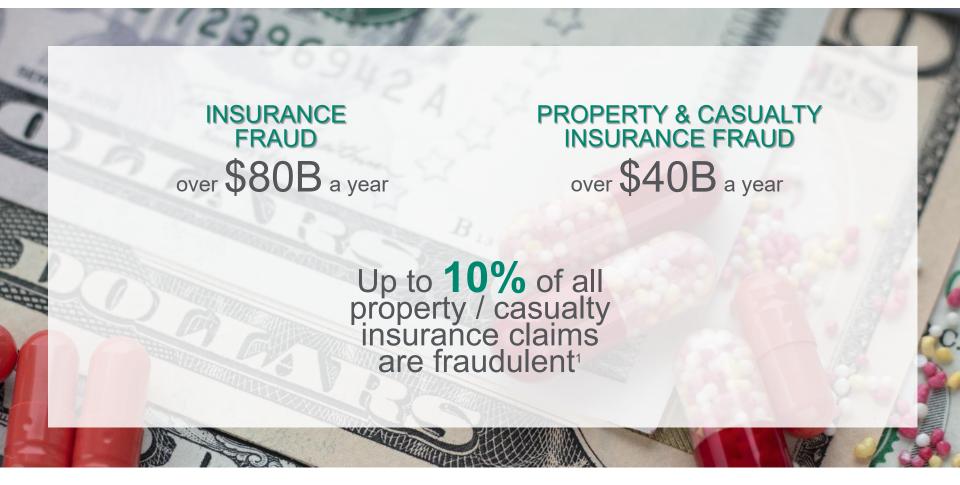




What are the implications and why do we care?



Why do we care?



1 Source: National Insurance Crime Bureau, "Workers' Compensation and Medical Fraud"



Confidential property of Optum. Do not distribute or reproduce without express permission from Optum.

CE credits are only available for those who qualify during the LIVE version of this webinar held from 2:00-3:00 p.m. ET on 02/10/2021

Why do we care?

WORKERS' COMP INSURANCE FRAUD \$6B a year²

> 94% of American businesses carry workers' comp insurance

In 2018 there were **2.5M** non-fatal workplace accidents³ (~ 3 injuries/100 FTEs⁴) Workers' comp fraud costs the average U.S. consumer over \$900 per year in reduced paychecks and bonuses.

- Higher insurance rates
- Higher healthcare costs
- Lost revenue

- 2 Source: Coalition Against Insurance Fraud
- 3 Source: FBI; National Ins. for Occupational Safety and Health
- 4 Source: US Bureau of Labor Statistics, US Department of Labor, November 2019





What is it and who can commit it?



Workers' Comp Fraud & Abuse – What is it?

ABUSE

A use of the workers' comp system other than as intended

FRAUD

An intentional deception or misrepresentation done to obtain an unauthorized benefit



Who can commit it?





Employees







Employers





Medical Providers









Partners in fighting workers' compensation fraud / enforcement



Partners in Fighting Fraud / Enforcement Agencies

State and Local Governmental Agencies

- Departments of Insurance/Workers' Comp Fraud Unit
- Offices of Attorney General
- Medical Boards (i.e. Board of Pharmacy, Board of Nursing, etc.)
- Local law enforcement agencies
- Federal Governmental Agencies
 - OIG/CMS (Medicare, Medicaid, CHiPs)
 - U.S. Department of Labor
 - FBI
- National Insurance Crime Bureau (www.nicb.org)
- Coalition Against Insurance Fraud (insurancefraud.org)
- Insurance Companies Special Investigations Unit (SIUs)





Legal standards and penalties



Legal standards and penalties

- Which governing law is applicable?
- Which provisions of law apply? (i.e., state workers comp laws, insurance laws, etc.)
- Does the activity implicate other types of fraud or causes of action? (i.e., False Claims Act, Medicare or Medicaid Fraud, Federal Anti-kickback Statute, etc.)
- Penalties will depend on degree and type of fraud





Fraud case studies



Medical Fraud – Multiple Providers

United States v. Grusd, et.al; *United States v. Iglesias* et al; *United States v. Garcia*, etc

FACTS

In February 2019, dozens of marketers, attorneys, medical providers, lawyers and doctors pleaded guilty in federal court to a \$200M scheme that targeted seasonal, migrant workers in southern California and subjected them to unnecessary and sometimes painful medical procedures.

INVESTIGATING AGENCIES

- FBI
- San Diego District Office of Attorney General
- California Department of Insurance



OUTCOME: SENTENCING / FINES

- Prison time
- Forfeiture of monies collected
- Civil Fines
- Probation



Medical Fraud – Individual Provider



FACTS

A Springfield, Ohio nurse practitioner pleaded guilty and was convicted on 11/16/18 of felony drug trafficking for running a pain clinic without a license.

INVESTIGATING AGENCIES

- Special Investigations Department, Ohio Bureau of Workers' Compensation
- Ohio Board of Pharmacy
- Ohio Board of Nursing
- Ohio Attorney General's Medicaid Fraud Control Unit
- Ohio Bureau of Criminal Identification
 and Investigation
- Clark County Prosecutor's Office

OUTCOME: SENTENCING / FINES

- Three years in prison
- Ordered to pay restitution in the amount of approx. \$30k



Claimant Fraud

FACTS

In October 2020, a Daly City, CA man pleaded no contest to two felony counts of insurance fraud after illegally working for multiple employers while simultaneously collecting over \$85,000 in workers' compensation benefits from two insurance companies.



INVESTIGATING AGENCIES

- California Department of Insurance
- San Mateo County District Attorney's Office

OUTCOME: SENTENCING / FINES

- 60 days in county jail
- Three years probation
- Ordered to pay restitution of \$40k to SCIF, and additional monies to Travelers and his former employer





Warning signs of fraud



The Medical Treatment



- Frequent physician changes
- Request to change physicians after full RTW
- Inconsistent reports re: claimant's appearance or behavior
- No-shows for provider appointments



The Worker

- Injuries ≠ accident facts
- Multiple versions of accident facts
- Unstable work history
- Subjective injury
- Uncooperative employee
- Disgruntled employee



- Early retirement; seasonal employee
- Excessive demands
- Address changes
- Pushy; wants a quick settlement
- Too familiar with workers' comp system



The Injury

- No witnesses
- Subjective injury
- Not reported promptly
- NOI does not come from the injured person
- Vastly differing medical opinions



- No medical basis for disability; MD's reports indicate a full recovery
- Disability claim > injury
- Accident occurs late on Friday or early Monday morning
- Odd timing or location
- Task that caused the injury is out of scope with claimant's job





Improper billing procedures



Examples of Improper Billing Procedures

- Creative Billing
- Self Referrals
- Upcoding

- Underutilization
- Overutilization
- Kickbacks

- Unbundling
- Product Switching





Identifying fraudulent claims



How can we identify fraudulent claims?

OVERUTILIZATION

- Understand the CPT or ICD-10 codes being used
- Does the prescribed treatment adhere to applicable standard of care?

UPCODING

- Be familiar with coding levels that are relevant to the treatment for a specific injury
- Is the diagnosis severity level supported by the patient's condition?
- Is there sufficient medical documentation?

BUNDLING AND UNBUNDLING

Use of modifiers





Filing a report of fraud and abuse



Filing a Report of Fraud and Abuse

INTERNAL REPORTING	EXTERNAL REPORTING
 Get familiar with your employer's corporate policies and procedures re: fraud and abuse 	 Report fraud to OIG online (<u>https://secure.ssa.gov/pfrf/home</u>)
 Be prepared – gather as much information as possible 	 Report fraud to NICB by calling 1-800-TEL- NICB (1-800-835-6422) or texting the keyword "FRAUD" to TIP411 (847411) or submitting a form on <u>www.nicb.org</u> Your tip can be anonymous
 Reach out to your company's SIU/call your company's fraud hotline 	
 Gather all details of suspected scam, including names/phone numbers of suspected individuals, the amount of money involved and a description of the suspected fraudulent activity 	
 Compare reported office visits and medical treatments against medical bills to discover discrepancies and avoid unnecessary payments to medical providers 	



Thank you!

Questions?

You will receive an email from the CEU Institute on our behalf approximately 24 hours after the webinar. This email will contain a link that you will use to submit for your CE credits. You must complete this task within 72 hours.

Register for additional Continuing Education opportunities http://www.workcompauto.optum.com/resources/continuing-education

CE credits for this course are administered by the CEU Institute. If you have any issues or questions regarding your credits, please contact rosters@ceuinstitute.net.





About Optum Workers' Comp and Auto No-Fault Solutions

Optum Workers' Comp and Auto No-Fault Solutions collaborates with clients to lower costs while improving health outcomes for the claimants we serve. Our comprehensive pharmacy, ancillary, medical services, and settlement solutions, combine data, analytics, and extensive clinical expertise with innovative technology to ensure claimants receive safe, efficacious and cost-effective care throughout the lifecycle of a claim. For more information, email us at expectmore@optum.com.

Optum and its respective marks are trademarks of Optum, Inc. All other brand or product names are trademarks or registered marks of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.